

Pripåra Hao

GUAM CEDDERS

EMERGENCY PREPAREDNESS

I'm Prepared! I've made my Emergency Plan.

- ☒ I know what I need help with.
- ☒ I have family & friends in my support network.
- ☒ My family & friends have my plan.
- ☒ My family & friends know how to assist me.
- ☒ I have a list of Emergency Contacts
- ☒ My medicines & information are listed.
- ☒ My medical providers are listed.
- ☒ I have a communication plan.
- ☒ I have a back up power source for my chair.
- ☒ I have a GO-KIT to meet my special needs.

I'M READY.

I'M PREPARED.



For more information go to:

www.guamcedders.org/priparahao

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